



Redwing Menu

served 12 to 2 and 6 to 9 Monday to Saturday
12 to 2.30 and 5.30 to 8 Sunday



NHS Track & Trace
WiFi: [theredwing](#)

Starters

Mixed Marinated Olives £4.50

Home Smoked Salmon, Pickled Fennel & Orange Salad, Chive Cream Cheese £7.25

Chargrilled Asparagus, Prosciutto, Shaved Parmesan, Watercress £6.95 (gluten free)

River Teign Mussels, White Wine, Cream and Parsley, Granary Bread £7.50 (can be gluten free)

Seasonal Soup Granary Bread and Butter £5.50 (can be gluten free)

Duck Liver Pate, Chutney, Toast and Mixed Salad £5.95 (can be gluten free)

Roasted Red Pepper Houmous, Pitta bread, Mixed Salad £5.50 (can be gluten free)

Mains

Whole Sea Bream £17.95

Garlic Roasted New Potatoes, Buttered Spinach, Mange Tout and Roasted Red Pepper Sauce (gluten free)

Curried Hake Fillet, Bombay potatoes, green beans, Korma sauce £16.95 (can be gluten free)

River Teign Mussels, White Wine, Cream and Parsley, Skinny Fries £13.95 (can be gluten free)

Beer Battered Fish & Chips £12.95 / sm £8.95

Peas, Lemon and Homemade Tartare Sauce

Seabass Fillet with Salsa Verde £16.50

New Potatoes, Seasonal Vegetables (gluten free)

Asparagus, Pea and Mint Risotto, Shallot and Watercress Salad £10.50 (gluten free)

Char-grilled Aubergine Katsu Curry,

Garlic Sautéed Broccoli, Basmati Rice £11.50 (vegan) (gluten free)

Char-grilled Pork Tenderloin £15.95

Cavelo Nero, Carrots and Summer Cider Cassoulet (gluten free)

Roasted Lamp Rump £20.95

Fondant Potatoes, Caramelised Shallot, Leek, Peas, Bacon & Red Wine Jus (gluten free)

Beef and Chorizo Burger £13.95 (can be gluten free without bun)

Tomato Chutney, Pretzel Bun, Fries, Salad and Coleslaw
add Bacon £1.50, Cheddar or Blue Cheese £1.00, Mushrooms £1.00

8oz Sirloin Steak, Roasted Vine Tomatoes, Flat Mushroom, Chips and Salad £19.95 (can be gluten free)

add Peppercorn Sauce or Blue Cheese Sauce £2.00

Even though some dishes are listed as Gluten Free please mention to us if it is a requirement; for other dietary and allergy information, please ask

Sandwiches all £8.50 (can be gluten free)

on Granary Bread, with Skinny Fries and Salad

Cheddar Cheese & Chutney

Fish Finger, Tartare Sauce & Baby Gem

Bacon Lettuce & Tomato

Sandwiches available at Lunchtime only