



Example Redwing Menu

served 12 to 2 and 6 to 9 Tuesday to Saturday
12 to 2.30 Sunday with Roasts Available

Starters

Mixed Marinated Olives £4.95

Roasted Red Pepper Houmous, Pitta bread, Mixed Salad £5.50 (can be gluten free)

Smoked Salmon, Dill and Pea Risotto £6.95

Chicken Liver Pate £6.50

Chutney and Toast (can be gluten free)

Seasonal Soup Granary Bread and Butter £5.50 (can be gluten free)

Mains

Pollock Fillet £14.95

Thyme Roasted New Potatoes, Samphire and Bacon & Garlic Sauce (gluten free)

Haddock Fillet £16.95

Green Vegetables, Crushed New Potatoes and Caper & Brown Shrimp Butter (gluten free)

Beer Battered Fish & Chips £13.95 / sml £8.95

Peas, Lemon and Homemade Tartare Sauce

Smoked Cheddar & Wild Mushroom Gnocchi,

Watercress Salad £10.50

Chickpea, Roasted Butternut Squash & Chilli Burger £12.50 (vegan) (can be gluten free without bun)

in Soft Bun, Garlic Vegan Mayonnaise, Salad & Skinny Fries

Beef and Chorizo Burger £13.95 (can be gluten free without bun)

Tomato Chutney, Pretzel Bun, Fries, Salad

add Bacon £1.50, Cheddar or Blue Cheese £1.00, Mushrooms £1.00, Caramelised Red Onion £1.00

Pan-fried Lamb's Liver £13.95 / sml £8.95

Mashed Potato, Vegetables and Caramelised Onion Gravy (can be gluten free)

Pan-roasted Duck Breast £20.95

Fondant Potato, Roasted Beetroot, 5 Spiced Carrot Puree,

Cavelo Nero and Port Jus (can be gluten free)

Spiced Chicken Breast £16.95

Sticky Rice, Wilted Greens, Coconut Curry Sauce,

Coriander Oil and Curried Crispy Shallot (can be gluten free)

8^{oz} Sirloin Steak, Garlic Roasted Beef Tomato, Flat Mushroom, Chips and Salad £19.95 (can be gluten free)

add Peppercorn Sauce or Blue Cheese Sauce £2.00

Even though some dishes are listed as Gluten Free please mention to us if it is a requirement; for other dietary and allergy information, please ask

Sandwiches all £8.50

On Granary Bread with Skinny Fries and Salad

Cheddar Cheese & Chutney (can be gluten free)

Fish Finger, Tartare Sauce & Baby Gem

Bacon, Lettuce & Tomato (can be gluten free)

Sandwiches available at Lunchtime only